

Faith Corner

by Sharee Fish Norton

Children - Grow in Faith and Kindness

- ♥ **Be GRATEFUL:** Start the day by thanking God for the day. Ask him to help you through the day. Before you ask God for anything... thank him for what you have.
- ♥ **Use Kind Words:** Always say please and thank you. Look for opportunities to make someone feel good by saying something nice to them.
- ♥ **Share and Help:** Let someone else go first. Offer to help someone with something that you know you can do.
- ♥ **Include Others:** Look for children who are alone and include them. Ask someone alone to sit with you at lunchtime.
- ♥ **Mealtime Blessings:** Memorize a blessing to say before meals:

"Bless us oh Lord, and these thy gifts we are about to receive from thy bounty."

Or Emerson's:

*"For each new morning with its light,
for rest and shelter of the night,
for health and food, for love and friends,
For everything Thy goodness sends."
Father in Heaven we thank you."*

- ♥ **Before you say your prayers at night:** Talk about how you used the Fruits of the Spirit today. Did you need patience for example? Did you forgive anyone?

THEN,
find a favorite prayer
to say each night.



Let your light shine before others!

Matthew 5:16

